

2009-2010
Kindergarten Master Calendar

This calendar is a general lesson guide. Lesson order, content, and topic may change due to time constraints, schedule conflicts, classroom needs, or teacher requests.

Lesson One: Introduce counseling program and Bob the Bobcat. Teach Tap/Tap (getting a friend's attention when talking to him/her). Story: "The Crayon Box That Talked." Song: "I'm In Kindergarten."

Lesson Two: Learning to Listen. Story: "Howard B. Wiggle Bottom." Song: "My Eyes Are Looking Forward."

Lesson Three: Germs! Practice washing hands, covering coughs and sneezes, and throwing tissues in the trash. Story: "Those Mean Nasty Dirty Downright Disgusting but...Invisible Germs" or "Germs Are Not For Sharing." Song: "Germs on Hands Can Make You Sick," "Blow, Blow, Blow Your Nose," "Keep Germs Away," or "Reeling Sickly, Feeling Healthy."

Lesson Four: Who Am I? (Help children feel special about who they are.) Story: "Who Am I?" Song: "I'm Very Special."

Lesson Five: I Like Me! (Help children identify and express things they like about themselves.) Story: "A B C I Like Me." Song: "I'm Very Special."

Lesson Six: I Can Do It! (Help children develop an "I can do it" attitude.) Story: "The Little Engine That Could." Song: "I'm In Kindergarten" or "Everyone Has Strengths to Be Proud Of."

Lesson Seven: What Are Feelings? (Help children learn feelings vocabulary.) Story: "Lots of Feelings." Song: "If You're Happy and You Know It."

Lesson Eight: How Do People Express Feelings? (Help children learn to express and identify feelings.) Story: "Feelings" or "Hurty Feelings." Song: "If You're Happy and You Know It."

Lesson Nine: How Do I Manage My Anger? (Help children learn to manage and express anger appropriately.) Story: "When I Feel Angry." Song: "Sometimes I Feel Angry."

Lesson Ten: How Do I Greet Others? (Introduction to friendship skills) Story: "Join In and Play." Song: "People Like It When I Say Hi," "Remember Look Towards Their Eyes."

Lesson Eleven: How Do I Join In With Others? (Help children develop skills for joining activities.) Story: "Join In and Play." Song: "Can I Play Too."

Lesson Twelve: How Do I Invite Others? (Help children develop skills to initiate friendship.) Story: "Making a Heart Happy: Building a Caring community One Heart at a Time." Song: TBA

Lesson Thirteen: How Do I Share? (Skill building – helping children learn to ask for what they want and share with others.) Story: “Making a Heart Happy: Building a Caring community One Heart at a Time.” Song: “Care, Share, and Be Fair.”

Lesson Fourteen: How Do I Take Turns and Trade With Others? (Help children develop skills to extend and maintain friendships.) Story: “Talk and Work It Out.” Song: “My Turn Your Turn.”

Lesson Fifteen: What Do I Do If Children Are Not Friendly? (Help children develop positive skills for handling aggression.) Story: “King of the Playground.” Song: “Don’t Be a Bully.”

Lesson Sixteen: Friends Get Help for Friends. (Help children learn caring behaviors.) Story: “When I Care About Others.” Song: “I Can Help People.”

Lesson Seventeen: Using Kind Words. (Help children develop caring behavior towards others.) Story: “Words Are Not for Hurting.” Song: “A Friendly Voice.”

Lesson Eighteen:

TBA

*PAWS expectations, “I-Messages” and use of puppets for role play and modeling will be incorporated into lessons throughout the year.

Lessons 4 through 17 are taken from “Bully-Proofing in Early Childhood: Building a Caring Community” by Kayla McCarnes, Karin I. Nelson, and Nancy W. Sanger.